Gradient Selected Pure-Shift EASY-ROESY techniques facilitate the quantitative measurement of ¹H,¹Hdistance restraints in congested spectral regions

Julian Ilgen¹, Jens Nowag¹, Lukas Kaltschnee^{2,3}, Volker Schmidts¹ and Christina M. Thiele¹

1: Clemens-Schöpf-Institut für Organische Chemie und Biochemie, Technische Universität Darmstadt, Alarich-Weiss-Straße 16, D-64287 Darmstadt, Germany, <u>cthiele@thielelab.de</u>

2: Max-Planck-Institut für Biophysikalische Chemie, Am Fassberg 11, 37077 Göttingen, Germany

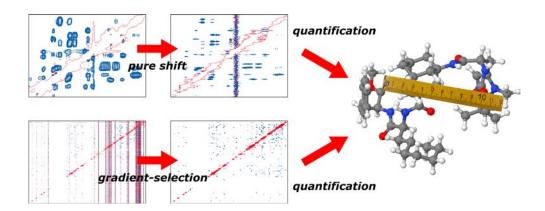
3: Center for Biostructural Imaging of Neurodegeneration (BIN), Von-Siebold-Str.3A,

37075 Göttingen, Germany

1 Abstract

For elucidating molecular structure and dynamics in solution, NMR experiments such as NOESY, ROESY and EXSY have been used excessively over the past decades, to provide interatomic distance restraints or rates for chemical exchange. The extraction of such information, however, is often prohibited by signal overlap in these spectra. To reduce this problem, *pure shift* methods for improving the spectral resolution have become popular. We report on *pure shift* EASY-ROESY experiments and their application to extract cross-relaxation rates, proton-proton distances and exchange rates. Homonuclear decoupling (*pure shift*) is applied in the indirect dimension using the PSYCHE or the *perfect*BASH technique, to enhance the spectral resolution of severely overcrowded spectral regions. The spectral quality is further improved by using a *gradient selected* F1-PSYCHE-EASY-ROESY, which produces significantly less t_1 -noise than the experiment used previously, as also demonstrated by employing the recently introduced SAN (signal-artefact-noise) plots. Applications include

the quantification of distance restraints in a peptide organocatalyst and the extraction of a number of distance restraints in cyclosporine A, which were previously not available for analysis, because they were either located in overcrowded spectral regions or hidden under t_1 -noise. Distances extracted and exchange rates obtained are accurate. Also, the 2D gradient-selected F1-perfectBASH-EASY-ROESY with the additional gradient selection proposed herein, which is superior in terms of sensitivity, can be used to accurately quantify cross-relaxation.



2 Highlights

- *pure shift* EASY-ROESY becomes quantitative!
- improvement of spectral resolution in EASY-ROESY spectra using *F*1-PSYCHE and *F*1*perfect*BASH homonuclear decoupling
- quantification of cross-relaxation and chemical exchange in overcrowded spectral regions
- attenuated *t*₁-noise traces due to gradient selection
- applications to a peptidic organocatalyst and cyclosporine A

3 Introduction

The crucial key to understand physiological effects of active substances, catalytic reactions or functional materials is their three-dimensional structure. Hence the elucidation of molecular three-dimensional structure has become a pivotal element in chemical research. NMR spectroscopy is a popular and efficient tool for the structure elucidation in solution, since it provides rich information about the interatomic bonding network as well as on molecular geometry. The most commonly measured parameters which provide information about the spatial structure are *J*-couplings [1-4], the Nuclear Overhauser Effect (NOE) and Residual Dipolar Couplings (RDCs). In particular, correlations between nuclei that feature mutual longitudinal cross-relaxation via dipolar couplings (NOE) encode

for their internuclear distances [5-9]. Especially for medium-sized compounds, like the peptides investigated herein, the zero-crossing of the NOE can impede its use for this purpose. Thus resorting to transversal relaxation and employing rotating-frame Overhauser effect (ROE) measurements has proven beneficial for these cases[10-12]. Challenges arise due to the spin-lock involved leading to off-resonance effects and TOCSY (total correlation spectroscopy) transfer[13-20]. A remedy for these issues is the jump-symmetrized ROESY (JS-ROESY)[19]. For its implementation with adiabatic spinlocks called EASY-ROESY[21], it was shown previously that accurate distances and exchange rates can be obtained. This experiment shares a particularly useful property of ROESY spectra in general, namely that NOE/ROE can be differentiated from chemical exchange irrespective of the size of the compound investigated.

The cross-relaxation rates required for distance determination or the exchange rates for quantifying chemical exchange are easily extracted from the signal integrals observed in NOESY or ROESY spectra, if these signals are well separated from each other as well as from artefacts caused by the experimental technique. Even for moderately sized systems, however, signal overlap can easily interfere with signal integration. In addition, informative NOE/ROE peaks are usually comparably weak ($\sim r^{-6}$), rendering spectral artefacts a considerable problem during data analysis.

Signal overlap often becomes a problem if homonuclear *J*-couplings lead to broad overlapping multiplet patterns or direct *J*-correlation cross-peaks with unfavourable double anti-phase dispersive line shape. The latter are usually referred to as zero-quantum or COSY-artefacts. Since both effects originate from *J*-coupling evolution, these may be avoided, if the *J*-coupling evolution is suppressed in one or both spectral dimensions. This can be achieved with the incorporation of *pure shift* techniques[22-25] into NOESY and ROESY experiments, as an alternative to using Thrippleton-Keeler filtration[26, 27]. *Pure shift* approaches attempt to collapse homonuclear multiplets into singlets, thus reducing spectral overlap and further supressing signals with anti-phase homonuclear *J*-pattern. It was realized, that *pure shift* techniques therefore may support the more accurate extraction of structural constraints, including relaxation time constants[28, 29], heteronuclear and homonuclear *J*-couplings[30-39], RDCs[30, 31, 34, 39-42], chemical exchange kinetics[43] as well as NOEs[44, 45].

For quantification of the NOE from *pure shift* spectra, it was previously demonstrated, that bandselective techniques[44] or Zangger-Sterk[45] approaches can yield accurate distance data. Depending on the system to study, however, these techniques may not be the most powerful *pure shift* approaches available to date, for investigating small to intermediate sized molecules.

In this paper, we show for a series of *pure shift* ROESY experiments that accurate distance information can be obtained from the high-resolution spectra they provide. We use 2D-EASY-ROESY experiments with PSYCHE[46] and *perfect*BASH[47] homonuclear decoupling in *F*1 to extract cross-relaxation rates and subsequently to determine interproton distances from overcrowded 2D-EASY-ROESY spectra. The *F*1-PSYCHE-EASY-ROESY experiment was already used qualitatively during

the study of a peptide organocatalyst[48], to resolve the challenging aliphatic spectral region[49], whereas a quantification of distances was not attempted at that time. Here we show that the quantitative extraction of distance restraints in such challenging systems with overlapping spectra is possible, using the *F*1-PSYCHE-EASY-ROESY experiment. For the closely related *F*2-PSYCHE-EXSY experiment, it was recently shown[43], that it can be utilised to quantify exchange kinetics, yet it should be noted that chemical exchange, as compared to NOE in small molecules, produces a much more favourable cross-peak to diagonal peak intensity ratio for quantitative analysis, thus it would be risky to conclude from this data, that PSYCHE decoupled spectra are also suitable for the quantification of distance information from NOESY.

Furthermore we discuss a 2D gradient-selected (GS)[50, 51] F1-PSYCHE-EASY-ROESY pulse sequence, which attenuates unfavourable t_1 -noise traces and allows for quantification of previously hidden or distorted NOE cross-peaks more accurately. Finally we use the *perfect*BASH homonuclear decoupling technique[47] to enhance the overall sensitivity and extract interproton distance restraints in the gradient-selected F1-perfectBASH-EASY-ROESY approach we further present.

4 Pulse sequence design

In the following chapter we discuss the aim, the experimental design and the working principle of the *pure shift* EASY-ROESY experiments used, starting with the already published *F*1-PSYCHE-EASY-ROESY experiment and continuing with the developments using gradient selection during the EASY-ROESY mixing step. Additionally, we present an EASY-ROESY experiment with *perfect*BASH homonuclear decoupling in *F*1 and gradient selection.

For a modest number of well separated proton signals the 1D versions of NOESY or ROESY with selective saturation or inversion of a narrow spectral region and observing the effects on the spins outside of this frequency region are the method of choice to probe cross-relaxation. These techniques will, however, be of limited use with increasing molecular complexity leading to many overlapping proton multiplets, while in 2D versions of NOESY or ROESY overlapped peaks may be dispersed in two frequency dimensions. The potential issues discussed above remain in place, though. Consequently, several NOESY and ROESY experiments utilizing a *pure shift* technique for homonuclear decoupling were published [40, 44, 45, 47, 49, 52-55].

In modern *pure shift* experiments the homonuclear *J*-coupling evolution is refocused with the aid of a spin subset selection, which discriminates between diluted active spins used for detection and the majority of passive spins, which are manipulated to achieve the decoupling effect. Techniques presented for discrimination are based either on frequency selection (BASH)[53, 56], isotope filtering with a nucleus with low natural abundance (BIRD)[57], simultaneous spatial and frequency selection (Zangger-Sterk)[58] or statistical methods (PSYCHE)[46]. The PSYCHE technique (*Pure Shift Yielded by Chirp Excitation*) provides encouraging results in terms of sensitivity, decoupling quality

and attenuation of signal contributions originating from strong coupling. These properties led to extensive applications in 1D and 2D experiments [29, 33, 36, 37, 42, 43, 49, 59-61]. Herein we apply the PSYCHE homonuclear decoupling in EASY-ROESY experiments for homonuclear decoupling of the indirect dimension F1.

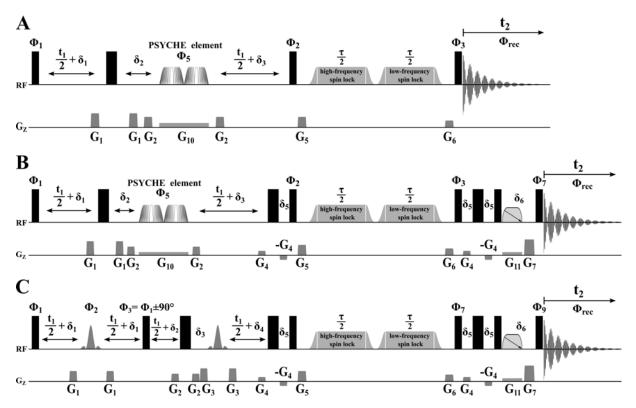


Figure 1: Pulse sequence schemes for (A) the F1-PSYCHE-EASY-ROESY experiment[49], (B) the gradient-selected F1-PSYCHE-EASY-ROESY experiment and (C) the gradient-selected F1-perfectBASH-EASY-ROESY experiment. Narrow and wide rectangles represent hard 90° and 180° pulses, respectively. The double trapezoid corresponds to low-power chirp pulses of small flip angle, which sweep frequency in opposite directions simultaneously (PSYCHE element). Broad rectangles in gray are low- and high-field spinlocks (SL) of $\tau/2$ duration, half-Gaussian shaped pulses are used as adiabatic ramps. Grey shapes in sequence (C) are selective pulses. Thrippleton-Keeler elements are indicated by a single trapezoid with diagonal arrow. The gradients G_1 , G_2 and G_3 are used for coherence selection within the homonuclear decoupling element, G_4 is used for phase en- and decoding, the gradients G_5 , G_6 and G_7 are purge gradients and G₁₀ and G₁₁ are weak gradients during the PSYCHE element and the Thrippleton-Keeler filter. In pulse sequence (A) the delays δ_1 through δ_3 are $\delta_1 = p_{17} + d_{16}$, $\delta_2 = 2p_{17} + 3d_{16}$ and $\delta_3 = p_{17} + 2d_{16}$, in (B) δ_1 to δ_5 are δ_1 $= p_{17} + d_{16}, \delta_2 = 2p_{17} + 3d_{16}, \delta_3 = p_{17} + 2d_{16}, \delta_4 = p_{18} + d_{16} \text{ and } \delta_5 = p_{42} + p_{19} + 2d_{16} \text{ and in sequence (C) these are } \delta_1 = p_{17} + 2d_{16} + 2d_$ $d_{16}, \delta_2 = 2p_{17} + 3d_{16}, \delta_3 = p_{17} + 2d_{16}, \delta_4 = p_{18} + d_{16}, \delta_5 = p_{42} + p_{19} + 2d_{16}$ and $\delta_6 = p_{42} + p_{19} + 2d_{16}$, where p_{17} to p_{19} are the durations of the gradient pulses, p_{42} the duration of the Thrippleton-Keeler element and d_{16} is a recovery delay. In all pulse sequences scalar coupling evolution during t_1 is refocused before the ROESY mixing step, while chemical shifts have evolved for t₁. Phase cycling: All pulse phases are x unless other denoted. (A) $\Phi_1 = x - x$, $\Phi_2 = 8(x) 8(-x)$, $\Phi_3 = 4(x)$ 8(x) 8(-x), $\Phi_5 = x x y y - x - x - y - y$, $\Phi_7 = 4(x) 4(-x)$ and $\Phi_{rec} = x - x - x - x x - x x - x$ x - x - x x - x x - x x - x. (C) $\Phi_1 = x - x$, $\Phi_2 = x x y y$, $\Phi_3 = y - y y - y$, $\Phi_7 = 8(x) 8(-x)$, $\Phi_9 = 4(x) 4(-x)$ and $\Phi_{rec} = x - x - x - x x - x x - x$ x -x -x x x -x x -x -x x.

4.1 2D F1-PSYCHE-EASY-ROESY

The pulse sequence in Figure 1A shows the 2D *F*1-PSYCHE-EASY-ROESY experiment we have published previously[49]. The *J*-coupling evolution is refocused just before the beginning of the EASY-ROESY mixing element, whereby chemical shifts have evolved for t_1 . This implementation results in 2D-EASY-ROESY spectra showing only chemical shifts in *F*1 and both chemical shifts and *J*-splittings in the direct dimension *F*2. The suppression of *J*-coupling effects in *F*1 is accompanied by an overall sensitivity loss which usually is in the range of 80 - 90%, depending on the applied flip angle of the PSYCHE.

While we chose to apply the PSYCHE homonuclear decoupling in the indirect dimension F1, alternative pure shift implementations with PSYCHE or other techniques in the direct dimension F2 are conceivable and have been exploited in recent literature [43-45, 49]. For F2 homonuclear decoupling either *real-time* decoupling during acquisition[56, 62, 63] or the interferogram-based acquisition scheme [58] are applied to construct a direct dimension with *pure shift* resolution. The latter scheme adds a further pseudo-dimension, acquiring the FID in short *data-chunks* and requires special post processing of the raw data. Furthermore, integrals have to be corrected to account for relaxation effects and chunking sidebands in order to obtain accurate cross-relaxation rates[45]. The less time consuming *real-time* decoupling utilised by McKenna and Parkinson[44] might accumulate effects from pulse imperfection during the multiple refocusing pulses and is thus not expected to lead to accurate cross relaxation rates. In contrast the implementation of F1 homonuclear decoupling promises the advantage of avoiding chunking artefacts. Thus we expect the F1-homonuclear decoupling to be the more favourable implementation for extraction of accurate cross-relaxation data, with the additional benefit, that it requires only standard processing methods. However, it should be noted, that homonuclear decoupling in the indirect dimension is only a reasonable choice, if an appropriate spectral resolution in F1 is achieved by choosing a rather large number of increments.

4.2 2D gradient-selected F1-PSYCHE-EASY-ROESY

When applying the EASY-ROESY experiment with PSYCHE homonuclear decoupling in F1, sharp line shapes in the indirect dimension and hence an enhanced resolution can be achieved. We have previously used this superior resolution to track down a catalyst-substrate interaction[49]. Already in that study we observed that the quality of spectra was reduced by the occurrence of intense noise traces along the indirect dimension F1, so called t_1 -noise, at chemical shifts of intense protons signals. These stem from incomplete cancellation of magnetisation during phase cycling. Such imperfections arise from the combined effect of instrumental instabilities [64, 65] and experiment repetition delays which are a compromise between full spin system relaxation and short experiment duration. For 2D-NOESY and 2D-ROESY experiments, the biggest source of magnetisation to be suppressed via phase cycling is the build-up of magnetisation via T_1 -relaxation during mixing, which has not been frequency labelled during the initial evolution period t_1 . Such t_1 -noise is already a considerable problem in standard NOESY and ROESY. The challenge becomes even bigger for *pure shift* experiments which only observe between 1% and 20% of the initial magnetisation (depending on the method and exact parameters chosen), while being subject to the same intensity of t_1 -noise as the experiment without homonuclear decoupling. In particular for strong proton signals, e. g. methyl groups, these intense noise traces overlap with the desired low-intensity NOE signals. This interferes with the precise extraction of distances and obscures weak or medium-sized NOE contacts, rendering them practically unobservable. A similar problem was previously encountered in 1D selective NOE measurements, in which subtraction artefacts interfered with the extraction of weak NOE contacts. Here gradient selection across the mixing time yields considerably cleaner spectra than the phase cycled experiments[66]. The signal-to-noise loss of a factor of two that resulted from such gradient selection was more than compensated for by the improved spectral quality. This was also implemented into semi-selective[50] and non-selective[51] homonuclear 2D experiments. With this in mind, we designed a new 2D F1-PSYCHE-EASY-ROESY pulse sequence with gradient selection across the EASY-ROESY mixing step by introducing gradient en- and decoding steps - both incorporated in a spin echo - before and after the mixing step. A number of different implementations were tested as detailed in chapter 5.10 of the SI, with the one shown in Figure 1B giving the best results in terms of t_l -noise attenuation, phase distortions and sensitivity loss. The combination of gradients with States-TPPI[67] quadrature encoding in F1 requires the addition of a z-filter after gradient decoding in order to obtain 2D spectra with double absorption line shape (see chapter 5.1 of the SI for further explanation). For this we chose a Thrippleton-Keeler element [26] to avoid phase-distortions in F_2 by J-coupling evolution during the decoding echo. With the pulse sequence presented herein at least two scans per t_1 -increment are required. Finally it should be noted that PSYCHE itself may introduce COSY-like responses in the EASY-ROESY spectra. These are observed at the average chemical shift of two coupled protons in F1. These artefacts are caused by an incomplete attenuation of COSY-like coherence transfer during the PSYCHE element applying the spatio-temporal averaging concept and thus occur in particular for coupled protons with small chemical shift differences (see chapter 5.9 in the SI for a detailed analysis).

4.3 2D gradient-selected F1-perfectBASH-EASY-ROESY

The main drawback of the enhanced spectral resolution and t_1 -noise attenuation by the PSYCHE homonuclear decoupling and gradient selection is the reduced overall sensitivity. This may prevent the observation of NOE contacts by pushing them below noise-level in particular for long-range NOEs. Alternative *pure shift* techniques, such as the *multi-slice excited* Zangger-Sterk experiment (*nemo-*ZS)[38], band selective homonuclear decoupling (BASH)[56] or PEPSIE (*Perfect-Echo-Pure-Shift-Improved-Experiment*)[68] are able to compete with PSYCHE in terms of sensitivity, or even outperform it. Up to date, techniques based on band selective homonuclear decoupling provide the

highest sensitivity. BASH based homonuclear decoupling techniques use frequency selective soft pulses and make use of frequency differences between coupled protons to achieve the decoupling. Homonuclear decoupling is only achieved though, if only one single proton from a scalar coupling network (or several isolated protons belonging to different coupling networks) resonate/s within the frequency band of the selective pulse. If this condition can be fulfilled, BASH homonuclear decoupling works efficiently and causes no additional sensitivity loss. The BASH method was mostly used for α -peptides [40, 53, 55, 69-71], but applications to small DNA fragments [44, 72] or oligosaccharides [73] were also reported. In α -peptides the backbone α - and amide proton frequencies are usually well separated from each other and from the sidechain protons, hence either the α - or the amide protons can be selected and subsequently decoupled from other protons.

Recently it could be shown in two independent studies, that the combination of the Perfect-Echo experiment [74, 75] with band selective homonuclear decoupling loosens the requirements with respect to spectral signal clustering[47, 76]. Utilizing the Perfect-Echo-BASH or perfectBASH homonuclear decoupling element allows for the decoupling of two mutually coupled protons in one selectively irradiated spectral region. In the case of α -peptides *perfectBASH* enables simultaneous homonuclear decoupling of the α - and amide protons. The generalized *perfect*BASH principle can be used in 1D experiments, as well as for decoupling of the indirect dimension in a variety of homonuclear 2D experiments like TOCSY, NOESY, ROESY and several CLIP-COSY variants[47]. In a previous publication we proposed the F1-implementation of the perfectBASH homonuclear decoupling scheme into an EASY-ROESY experiment [47], however quantification of this experiment was not attempted nor discussed. The pulse sequence applied herein (Figure 1C) is an extended version of the previously published F1-perfectBASH-EASY-ROESY, which includes gradient selection over the EASY-ROESY mixing-step and the final z-filter. For experiments with perfectBASH decoupling one should be aware that the line widths in the decoupled dimension may be broader than those from experiments decoupled by other *pure shift* techniques acquired under the same conditions. This is due to the doubled evolution time within the homonuclear decoupling block. Furthermore it is noteworthy to mention, that the *perfectBASH* homonuclear decoupling will only work in the indirect dimension F1 of the EASY-ROESY experiment. For the hypothetical F2perfectBASH-EASY-ROESY additional COSY cross-peaks are expected, provoked by the in-phase coherence mixing of the underlying perfect echo. This is a property exploited in the CLIP-COSY mixing scheme [77].

5 Results and discussion

In the following three sections we show the application of our three *pure shift* EASY-ROESY experiments with the aim to extract NOE-derived distances and exchange rates and discuss the necessary conditions for reliable quantification. It should be mentioned here, that the scope of this discussion is restricted to the extraction of cross-relaxation rates, interproton distances as well as exchange rates from challenging spectra. Potential improvement of structural models utilizing these new or more accurately determined interproton distance restraints is beyond the scope of this paper.

5.1 PSYCHE-EASY-ROESY: The tetrapeptide - 1R,2R-cyclohexanediol system

To determine whether or not 2D F1-PSYCHE-EASY-ROESY experiments can be used for distance quantification in small to intermediate sized molecules, we first investigated the previously published version of the experiment (Figure 1A), using the tetrapeptide system already studied. In terms of spectral crowding, this system presents a notable challenge, since 46 protons of the peptide and the R,R-diol (highlighted in blue in Figure 2e) resonate in 33 individual signals within 1.4 ppm. As illustrated in Figure 2a, this results in significant peak overlap in the 2D EASY-ROESY spectrum. As described earlier, the spectral overlap can be significantly reduced using F1-PSYCHE decoupling, as shown in Figure 2b, reducing the overlap for many cross-peaks such as those highlighted in green and orange. Thus we acquired a mixing-time series of 2D F1-PSYCHE-EASY-ROESY experiments with sufficiently long recovery delay d_1 to assure full relaxation for the analyte ¹H signals. For quantification we used the method of integrating the 2D-EASY-ROESY spectra within several extracted 1D spectra, which we obtained by extracting F2-traces at the peak maximum in the indirect dimension F1[78]. This approach assumes uniform linewidths in F1, which is realized here to a good extent, by suppressing J-multiplicity and by using experimental conditions under which the linewidth in F1 is determined by the digital resolution and by the apodization applied, and not by the natural linewidths. For data analysis the integrated cross-peak intensities of each mixing-time step were normalised with the corresponding diagonal-peak integral only in the same F2-trace according to $a_1(\tau_m)$ described in the paper of Macura[79].

In general, the internal normalization enables the extension of an initial rate analysis of the data to much longer mixing-times. In 1D NOESY/ROESY experiments this analysis is referred to as PANIC approach[80], a terminology we use in the following discussions. With the normalization of the cross-peak integrals with the corresponding diagonal integral in the same row (same chemical shift in *F*1) we further achieve the elimination of the proton specific T_2 -relaxation weighting in t_1 and further proton specific T_2 and offset weighting effects introduced by the PSYCHE homonuclear decoupling element itself (see SI for a discussion of the β -factor, chapter 2.1 and 5.8). Quantification of the mixing-time series gave a linear behaviour between the normalised NOE cross-peak integrals

(Overhauser enhancement) and the mixing time τ_m in the PANIC plots, as illustrated in the two representative plots in Figure 2c and d. These two plots were constructed by quantification of the two NOE cross-peaks highlighted in Figure 2b) and belong to a diastereotopic proton pair (orange, d) and a vicinal proton pair with equatorial-axial relationship (green, c) in the cyclohexyl-group, respectively.

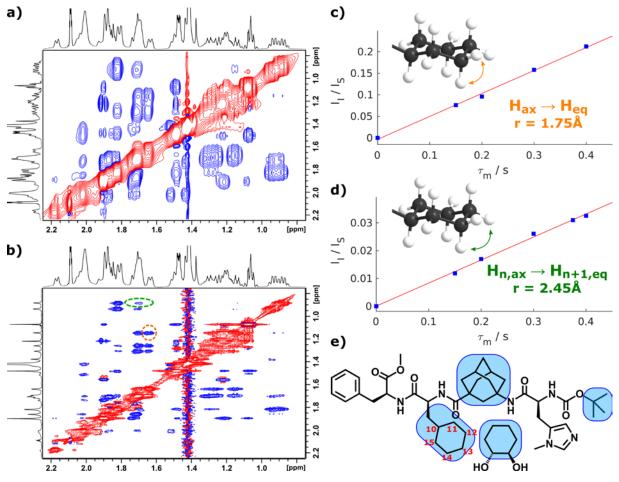


Figure 2: Aliphatic region of the tetrapeptide - 1R, 2R-cyclohexane-diol system in toluene- d_8 (structure shown in (e) with proton assignment of the cyclohexyl moiety) acquired with (a) the 2D-EASY-ROESY experiment and (b) with the 2D F1-PSYCHE-EASY-ROESY experiment. Both spectra were measured at 700.17 MHz under non-quantitative conditions (recovery delay d1=1.5 s) and a mixing-time of 300 ms. The EASY-ROESY spectrum without *pure shift* in F1 in (a) was acquired with less spectral resolution in F1 than the spectrum with *pure shift* in (b), however increasing the resolution in F1 will not change the situation of overlapped NOE cross-peaks. For the cross peaks marked in green and orange the PANIC plots are shown in (c) and (d). These can only be resolved with the aid of PSYCHE homonuclear decoupling in F1.

For the tetrapeptide - R,R-diol system, clear indications for conformational flexibility and molecular aggregation exist. Since the principle goal of this chapter is not to reinvestigate the structure of the tetrapeptide itself nor the interactions between tetrapeptide and diol, but rather to study whether the 2D *F*1-PSYCHE-EASY-ROESY is suitable for quantitative proton-proton distance determination, we restrict the data discussed in this chapter to distances for which we expect little influence by flexibility and for which we expect a good reference to be available by computational methods. In the 2D *F*1-PSYCHE-EASY-ROESY spectra a lot of NOE contacts from the cyclohexyl moiety are resolved,

which belong to rigid and known interproton distances. Through the enhanced spectral resolution of the 2D *F*1-PSYCHE-EASY-ROESY, integration of these cross-peaks can be easily performed including diastereotopic protons usable for internal calibration, which were not accessible previously when we relied on 1D-NOE experiments without homonuclear decoupling[49]. From the 2D *F*1-PSYCHE-EASY-ROESY mixing-time series we could quantify six NOE cross-peaks belonging to diastereotopic proton pairs and found distances in the expected range of 1.73 - 1.84 Å. Further we analysed cross-peaks of vicinal proton pairs, which have an equatorial-axial relationship ($H_{n,ax} \rightarrow$ $H_{n+1,eq}$, r = 2.45 Å) as well as cross-peaks of two axial protons four chemical bond apart (1,3-diaxial relationship, $H_{n,ax} \rightarrow H_{n+2,ax}$, r = 2.67 Å). In both cases we could extract interproton distances from the mixing-time series of the 2D *F*1-PSYCHE-EASY-ROESY experiment close to the expected values, which are within the systematic errors of interproton distances determined from cross-relaxation experiments[81-84]. The expected values of the interproton distances were extracted from an MMFF94[85] energy minimized monosubstituted cyclohexane.

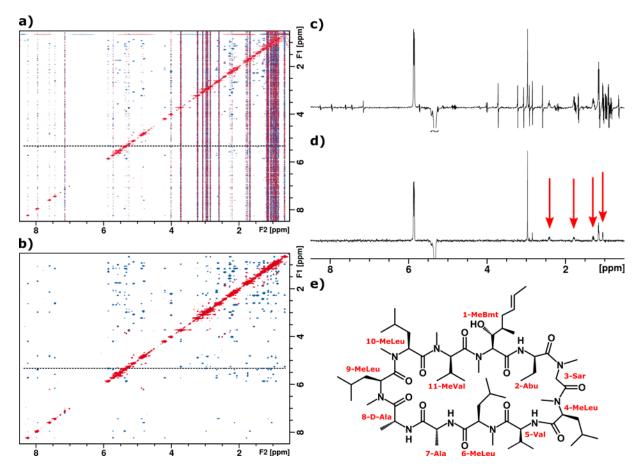
H _A	H _B	r _{exp,A→B} / Å	r _{exp,B→A} / Å	r _{model} / Å ^[a]
H11ax	H11eq	1.76(1)		
H12ax	H12eq	1.84(1)		
H13eq	H13ax	1.75(1) ^[b]	1.73(1)	1.75
H14ax	H14eq	1.81(1)		
H15ax	H15eq	1.75(1)		
H11ax	H12eq	2.33(3)		
H12ax	H11eq	2.60(2)		
H12ax	H13eq	2.42(3)		
H13ax	H12eq	2.28(3)		
H13ax	H14eq	2.28(3)		2.45
H14ax	H13eq	2.26(4)		
H14ax	H15eq	2.60(2)		
H15ax	H14eq	2.37(1)		
H11ax	H13ax	2.55(2)	2.62(5)	0.07
H13ax	H15ax	2.62(5)	2.62(2)	2.67

Table 1: Proton-proton distances within the cyclohexyl moiety (proton assignment in Figure 2e) of the tetrapeptide determined with a mixing-time series of the 2D *F*1-PSYCHE-EASY-ROESY experiment.

[a] Determined with an energy minimized (MMFF94)[85] monosubstituted cyclohexane structure model.

[b] Used as reference distance

Based on these promising results we extracted all distances from NOE contacts, which were sufficiently resolved. In sum we could extract 74 distance restraints from the mixing-time series of the 2D F1-PSYCHE-EASY-ROESY experiment, which, on one hand, is an increase of the number of accessible contacts by a factor of four, as compared to our previous investigation[49]. On the other hand, we now have access to distance restraints not exclusively from the peptide backbone, but rather from different parts of the peptide. The distances extracted outside the cyclohexyl moiety must, however, be interpreted with caution due to potential structural changes caused by aggregation and degradation processes. Thus a further investigation and structural study is outside of the scope of this work.



5.2 2D gradient-selected F1-PSYCHE-EASY-ROESY

Figure 3: 2D-EASY-ROESY spectra of cyclosporine A in benzene- d_6 (structure shown in (e)) acquired with (a) the 2D *F*1-PSYCHE-EASY-ROESY experiment and (b) with the 2D *gradient-selected F*1-PSYCHE-EASY-ROESY experiment. Both spectra were measured at 600.3 MHz under non-quantitative conditions (recovery delay d1 = 2 s) and a mixing-time of 300 ms, all other acquisition parameters are the same as for the quantitative experiments (see SI, chapter 1.4). In c) and d) the *F*2-traces extracted from both spectra in a) and b) at the peak maximum of proton 10- α in *F*1 (black dashed lines) are shown. The marked weak to medium sized NOE responses are clearly visible in d), which cannot be seen in c).

In the previous chapter we analysed, whether we can extract cross-relaxation rates and interproton distances from a mixing-time series of a 2D-EASY-ROESY experiment with PSYCHE homonuclear

decoupling in the indirect dimension, with the aim to get access to structural constraints even if the spectral region is severely overcrowded. As a test system, the tetrapeptide is quite challenging though, because of conformational averaging of all structural constraints as well as sample aggregation and degradation processes. Thus we decided to switch to the less complicated undecapeptide cyclosporine A (structure shown in Figure 3e) for further discussion. If 2D F1-PSYCHE-EASY-ROESY spectra are collected for this system according to the scheme in Figure 1a, a ROESY spectrum dominated by intense noise traces along the indirect dimension is obtained (Figure 3a). The occurrence of such noise traces, so-called t_l -noise, is a well-known phenomenon in 2D experiments in particular for intense proton signals, e. g. methyl groups. To remove these, we designed the new 2D gradient-selected F1-PSYCHE-EASY-ROESY experiment (pulse sequence B in Figure 1, for the pulse sequence design concept see the previous section). If we use this new pulse sequence to collect spectra for cyclosporine A with the same number of scans per t_1 -increment, the intense noise traces, present in spectra acquired according to pulse sequence scheme A, are gone as shown in Figure 3b. To further illustrate the effect, representative F2-traces of the two spectra are shown in Figure 3c and d. Many of the NOE contacts, which were previously hidden under intense noise traces, are clearly visible now. To visualize and compare the improvement in quality of the 2D gradient selected F1-PSYCHE-EASY-ROESY (variant B) over the previous experiment (variant A) in a graphical manner, the very recently introduced signal-artifact-noise (SAN) plots [86] are applied. Herein the spectra are analysed with a distribution of point intensities, which are then sorted by their decreasing absolute values to construct a graphical representation of the signal, noise and artefact content. The constructed SAN-Plots of both F1-PSYCHE-EASY-ROESY spectra of cyclosporine A in Figure 3 (with and without gradient selection) are shown in Figure 4a and b. The comparison of the SAN plots nicely reflects the disappearance of the artefact region and thus clearly demonstrates the superior performance of the new experiment.

When we acquire the spectra under quantitative conditions with a recovery delay d_1 of at least five times the longest T_1 relaxation time constant, the attenuation of t_1 -noise is less evident than in experiments with short relaxation delay, yet the suppression of t_1 -noise still is significantly better than a quantitative 2D F1-PSYCHE-EASY-ROESY experiment, as expected. Since we showed in the previous section, that the 2D F1-PSYCHE-EASY-ROESY experiment according to Figure 1A is suitable for NOE quantification purposes, we were asking ourselves, if we can use the new 2D gradient-selected F1-PSYCHE-EASY-ROESY (variant B) as well to extract NOE distance restraints in a quantitative fashion. In contrast to the 2D F1-PSYCHE-EASY-ROESY pulse sequence (variant A), the coherence selection with gradients introduces further effects with (potential) impact on the absolute intensity of the proton peaks. Firstly, the maximum sensitivity which can be recovered with gradient selection is one half. Secondly, the pulse sequence in Figure 1B has similarities to experiments for the measurement of molecular diffusion. Thus diffusion and convection effects will additionally attenuate the peak intensities in these experiments. Diffusion and potential convection evolve during the mixing-time τ_m and thus influence the NOE build-up. During NOE analysis this would lead to systematic errors in the cross-relaxation rates if no correction was applied. Since diffusion and convection affect the molecule as a whole, however, their influence on intramolecular cross-relaxation rates can be eliminated through internal normalization of the NOE cross-peaks with the corresponding diagonal-peaks, as already used during the NOE analysis of the pulse sequence variant A (2D *F*1-PSYCHE-EASY-ROESY, for theoretical analysis: see SI, chapter 5.1). It should be noted, that for weak intermolecular complexes, such as proposed for the tetrapeptide – R,R-diol system, this will not apply, since the different binding partners will feature different diffusional properties.

When applying the previously described approach of integrating extracted F2-traces for quantification, we obtained PANIC plots, which showed consistently good linearity ($r^2 \ge 0.95$). Using this procedure, we were able to extract a total of 226 proton-proton distances in a range up to 5 Å. Hereby we only utilised NOE responses which were sufficiently above the background noise level. For the purpose of evaluating if the experiment presented is suitable for quantitative NOE distance measurements, we decided to first investigate selected distance restraints of well-known geometries, which were found in the previous structural analysis of cyclosporine A dissolved in chloroform[87, 88]. Because we used a different solvent (C_6D_6) than the one used previously (CDCl₃)[88] we focused on moieties with little expected change in our comparison. The distances extracted from the 2D gradient-selected F1-PSYCHE-EASY-ROESY are in a good agreement with values expected for these geometries (SI, chapter 3.7). Indeed, although this brief comparison suggests that the distances determined with the 2D gradient-selected F1-PSYCHE-EASY-ROESY experiment are accurate, we subjected this central issue to a closer inspection. Thus, we also extracted interproton distances of the cyclosporine A sample applying two other approaches. We chose two selective 1D-ROESY variants, one with a continuous-wave spin-lock (CW-ROESY) and the other with the EASY-ROESY mixing. Both experiments select a narrow proton frequency band using a *pulsed field gradient selected selective* spin-echo and apply gradient selection (GS) over the ROESY mixing to improve spectral quality. Since these two ROESY experiments are based on selective refocusing, they only provide crossrelaxation data for protons, which are not overlapping with others. We acquired both kinds of 1D-ROESY spectra under variation of the mixing-time for the amide- and most of the α -protons as well as for all N-methyl groups and some protons of the sidechains (SI, chapter 1.6).

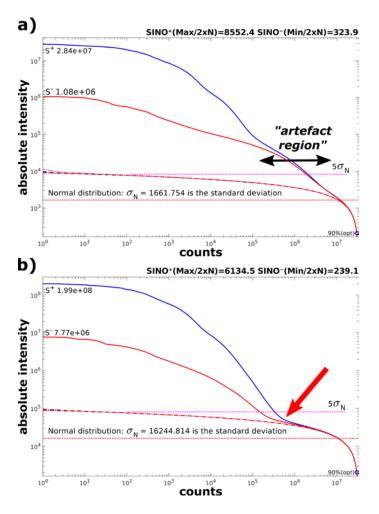


Figure 4: SAN-plots (signal/artifact/noise) constructed (a) from the 2D *F*1-PSYCHE-EASYROESY (variant A) and (b) from the 2D *gradient-selected F*1-PSYCHE-EASY-ROESY of cyclosporine A in C_6D_6 . The corresponding spectra are shown in Figure 3. The SAN-plot (a) shows a quite smooth course of the positive *S*+ (solid blue) and the negative *S*- spectral points (solid red). This gradual transition between the signal and noise area (dashed-dotted red/blue) is caused by the intense t_1 -noise present in the 2D *F*1-PSYCHE-EASY-ROESY spectrum (variant A), whose data points are located in the artefact region in between signals and background noise. In contrast to this is the SAN-plot (b). Here we can see a sharp edge between the signal and the noise region (marked with the red arrow) due to the efficient attenuation of t_1 -noise and artefacts by gradient-selection. The comparison illustrates in a graphical representation the superior performance of the 2D *gradient-selected F*1-PSYCHE-EASY-ROESY experiment. The spectra were not acquired with the same receiver gain value, but with values optimized for the individual experiments. For a direct comparison of normalised peak intensities, see SI, chapter 5.3.

With the 1D gradient-selected CW-ROESY we had access to 126 interproton distances, out of which 108 were also available from the PSYCHE decoupled EASY-ROESY experiments. Applying the 1D gradient-selected EASY-ROESY we were able to extract 163 interproton distances, when selectively irradiating the same protons. From these experiments we can compare 126 interproton distances with the ones extracted from the 2D gradient-selected F1-PSYCHE-EASY-ROESY. The scatter plots (Figure 5) of both comparisons show nearly perfect matching of the interproton distances extracted with the different methods (RMSD values of 0.155 Å and 0.087 Å). The consistency between the data measured with 1D gradient-selected EASY-ROESY and the 2D gradient-selected F1-PSYCHE-

EASY-ROESY turned out to be even better than the comparison between the 1D gradient-selected CW-ROESY and the 2D gradient-selected F1-PSYCHE-EASY-ROESY (see Figure 5a and b). This fact, however, is not surprising as the same ROESY mixing element for cross-relaxation was applied. The CW-ROESY has indeed the best properties in terms of simultaneous suppression of longitudinal cross-relaxation and TOCSY transfer[19], but suffers from off-resonance effects. Nevertheless the attenuation of simultaneous TOCSY transfer and the averaging of offset effects is improved in the EASY-ROESY mixing scheme. However, the comparison between the 2D F1-PSYCHE-EASY-ROESY with both 1D ROESY variants indicates, that the accuracy of the extracted distances is less influenced by the PSYCHE homonuclear decoupling than by the type of ROESY mixing applied. With this we can conclude, that no further essential error sources beyond the existing approximations made to analyse cross-relaxation in general, namely the isolated dipolar coupled proton pairs approximation, the integration accuracy and the evaluation process are introduced by PSYCHE homonuclear decoupling. The acquisition of the 2D gradient-selected F1-PSYCHE-EASY-ROESY under quantitative conditions is accompanied with long measurement times up to 43 h per mixingtime, whereas the whole 1D gradient-selected EASY-ROESY data set could be measured in 29 h. However, the 1D version only gives access to distance restraints from protons, which could be sufficiently irradiated by selective refocusing pulses.

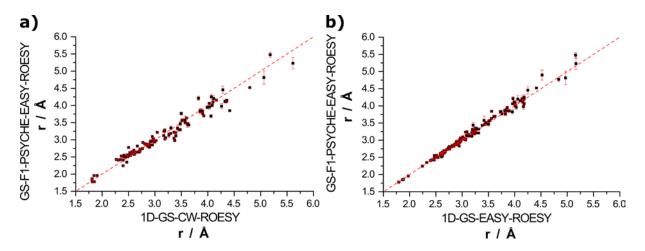


Figure 5: a) Comparison between proton-proton distances determined with the 2D gradient-selected F1-PSYCHE-EASY-ROESY and with the 1D gradient-selected CW-ROESY experiment ($r^2 = 0.975$, RMSD = 0.155 Å), b) comparison between proton-proton distances determined with the 2D gradient-selected F1-PSYCHE-EASY-ROESY and with the 1D gradient-selected EASY-ROESY experiment ($r^2 = 0.993$, RMSD = 0.087 Å).

5.2.1 Extraction of chemical exchange rates

In NOESY or ROESY experiments, mixing of spin polarization may occur via cross-relaxation of dipolar coupled nuclei or via chemical exchange. When using ROESY experiments we can take advantage of the favourable property, that cross-peaks originating from chemical exchange can always be easily distinguished from those originating from cross-relaxation by their sign relative to the

diagonal peaks irrespective of the motional regime. Provided that TOCSY polarization transfer during the ROESY spin-lock can be suppressed sufficiently, cross-peaks with the same sign as the diagonalpeaks indicate slow chemical exchange between two species. For several slowly interconverting species, each one giving rise to an additional proton signal set, the risk of potential signal overlap increases, rendering the quantification of exchange increasingly challenging.

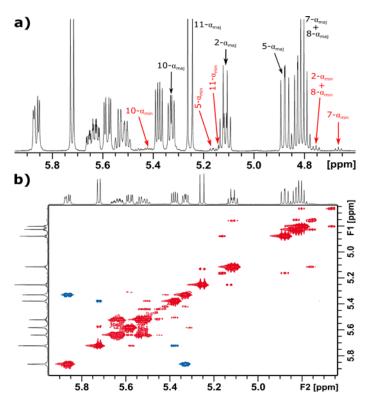


Figure 6: (a) H_{α} -proton region of cyclosporine A in benzene- d_6 (600.3 MHz) and (b) the same region in the 2D *gradient-selected F1*-PSYCHE-EASY-ROESY spectrum (600.3 MHz) at 300 ms mixing-time. In a) the red arrows highlight the α -proton signals of the minor conformer of cyclosporine A, the corresponding signals of the major conformer are marked in black. In b) the exchange peaks between the two conformers can be seen, which have the same sign as the diagonal peaks (visible NOE cross-peaks have an inverse sign).

The 2D *F*1-homodecoupled EASY-ROESY experiments discussed herein were found to be quite useful to resolve the proton signals of these different species. For cyclosporine A, a second minor conformer is described, which is in slow dynamic exchange with the major conformer at 300 K [87, 89-91]. In the 1D ¹H-spectrum of cyclosporine A, the existence of a minor conformer can be observed as a second proton signal set (Figure 6a) with smaller intensity (4-5 %). In addition, cross-peaks with the same sign as the diagonal-peaks could be observed in all ROESY experiments acquired (Figure 6b). So far we analysed the quantification of cross-relaxation data from 2D *F*1-PSYCHE-EASY-ROESY experiments and we could show the extraction of proton-proton distances with good accuracy. Thus we subsequently explored the quantification of chemical exchange of the two cyclosporine A conformers. The applicability for the extraction of exchange rates from a mixing-time series of a *F*2-PSYCHE-EXSY experiment could recently be proven using the full exchange matrix analysis[43]. We use the PANIC approach for straightforward elimination of the mixing-time dependent diffusion factor

(SI, chapter 4.1). The exchange rates extracted for α -protons and *N*-methyl-groups have similar values and are identical to the exchange rates determined with the 1D EASY-ROESY experiment (SI, chapter 4.2). For a few protons of the minor conformer the diagonal-peaks are sufficiently resolved in the 2D *gradient-selected F*1-PSYCHE-EASY-ROESY spectra such that the exchange rates of the reversed process can also be determined with the quantification procedure described before. Knowing the reversed exchange rate, the populations of the two conformers can be calculated. These are in excellent agreement with the ones which can be obtained by integration of the respective signals (which is not always possible).

Table 2: Exchange rates k_{AB}/k_{BA} and the minor conformer population x_B of cyclosporine A in benzene- d_6 determined with the mixing-time series of the 2D gradient-selected F1-PSYCHE-EASY-ROESY experiment and the 1D gradient-selected EASY-ROESY experiment. Further extracted exchange rates and conformer population values can be found in the SI.

н к	2D Grad	2D Gradient-selected F1-PSYCHE-EASY-ROESY		
	<i>k_{AB}</i> / s ⁻¹	<i>k_{BA}</i> / s ⁻¹	$x_B^{[a]}$	<i>k_{AB}</i> / s ⁻¹
1-α	0.031(2)			0.033(2)
2-α	0.033(2)			0.033(1)
5-α	0.031(1)	1.04(7)	0.029(2)	
7-α	0.032(3)	1.08(5)	0.029(3)	
10-α	0.028(2)	1.08(8)	0.026(2)	0.029(3)
1-NMe	0.035(1)	1.06(4)	0.032(2)	0.038(1)
3-NMe	0.033(1)	1.14(3)	0.029(1)	0.036(1)
6-NMe	0.033(2)			0.037(1)

[a] Integration of sufficiently resolved signals of both the major and the minor conformer (5- α : 4.878/5.163 ppm, 3-NMe: 3.066/2.710 ppm) yields $x_B = 0.04 - 0.05$.

5.3 Enhancing the sensitivity: 2D gradient-selected F1-perfectBASH-EASY-ROESY

So far, we have discussed the resolution and spectral quality enhancements which can be achieved when applying PSYCHE homonuclear decoupling and gradient selection in EASY-ROESY experiments, with the aim to increase the number of distance restraints which can be extracted from challenging spectral regions. The main drawback of all these techniques is the loss in sensitivity, mainly by the *pure shift* element but also by gradient selection. This may prevent the observation of cross-relaxation within samples with a low amount of substance. In particular long-range NOE cross-peaks may be hidden by pushing them below noise-level. Interproton distances of long-range NOE contacts are usually error prone, caused by their inherent weak intensity and by the impact from spin-diffusion effects which often is non-negligible for these contacts[92]. In addition, there is a higher

propensity that these distances are biased by internal flexibility or relayed magnetisation transfer. Still, long-range contacts can contain valuable structural information, as they allow relating different structural elements. Even for shorter-range contacts the accuracy of cross-relaxation data extraction generally is improved with enhanced cross-peak intensity. For systems amenable to *perfect*BASH decoupling[47] (e.g. α -peptides), the EASY-ROESY experiment with the *perfect*BASH scheme for homonuclear decoupling in *F*1 (pulse sequence C in Figure 1) provides spectra with higher sensitivity than the 2D *F*1-PSYCHE-EASY-ROESY. Whether or not it is possible to extract quantitative information from the signal integrals of these Perfect-Echo[74] modified *pure shift* experiments was not evaluated so far, though.

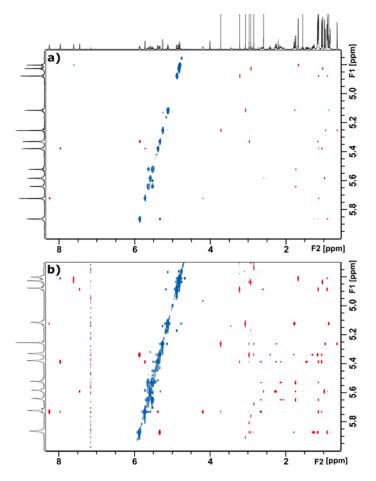


Figure 7: Comparison between two 2D gradient-selected pure shift EASY-ROESY spectra with homonuclear decoupling in F1 either using a) PSYCHE or b) perfectBASH. Both spectra were acquired at 600.3 MHz and with a mixing-time τ_m of 200 ms. In both spectra the same intensity level was used. Although perfectBASH enables the simultaneous decoupling of the amide- and the α -proton region, only the spectral region of the α -protons is shown in the indirect dimension F1.

Hence, for proof of principle, we also exemplarily analysed 2D *F1-perfect*BASH-EASY-ROESY spectra, to investigate the possibility of extracting distance restraints. The special band-selective character of *perfect*BASH enables simultaneous homonuclear decoupling of the amide- and α -proton region of α -peptides, such as cyclosporin A. In the case of the peptide catalyst *R*,*R*-diol system, the α -proton region is quite well resolved and thus not challenging while the amide-proton region is

overlapped by aromatic protons, which could not be decoupled with *perfect*BASH. Thus, we again chose the cyclosporine A sample for our study of integral quantification. Already when applying short mixing-times a clear advantage of *perfect*BASH decoupling becomes apparent: The signal-to-noise ratio of the NOE cross-peaks in the 2D *gradient-selected* F1-*perfect*BASH-EASY-ROESY spectra is notably better than in the PSYCHE decoupled experiments, allowing us to restrict the mixing-time series used to 250 ms as longest mixing time. The *perfect*BASH decoupled EASY-ROESY spectrum (Figure 7b) acquired with a mixing-time of 200 ms shows more NOE cross-peaks, which are sufficiently different from the background noise level, in comparison to a PSYCHE decoupled experiment (Figure 7a) with the same mixing-time and same intensity level for spectral representation. Furthermore, we were even able to observe NOE contacts for the minor conformer of cyclosporine A (SI, chapter 4.3).

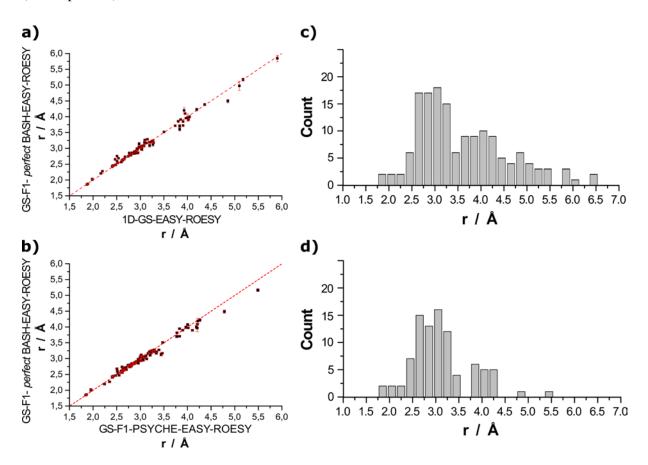


Figure 8: (a) Comparison of proton-proton distances determined with the 2D gradient-selected F1-perfectBASH-EASY-ROESY and the 1D gradient-selected EASY-ROESY experiment ($R^2 = 0.994$, RMSD = 0.089 Å) and (b) (a) comparison of proton-proton distances determined with the 2D gradient-selected F1-perfectBASH-EASY-ROESY and the 2D gradient-selected F1-PSYCHE-EASY-ROESY experiment ($R^2 = 0.991$, RMSD = 0.097 Å). Distribution of the interproton distance values extracted from the 2D gradient-selected EASY-ROESY spectra with homonuclear decoupling in F1 using (c) perfectBASH and (d) PSYCHE. The histogram in (d) contains only the distances from protons of the amide- and α -region, which could also be extracted with the 2D gradient-selected F1-perfectBASH-EASY-ROESY.

From the mixing-time series acquired, we could extract 153 interproton distances using the same procedure for quantification as previously described. As we have band selectively decoupled the amide- and the α -proton regions, the extracted distances are exclusively from these protons. Additionally, the three side-chain protons H_{β} , H_{ϵ} and H_{η} of the amino-acid 1-MeBmt as well as the two N-methyl protons of 1-MeBmt and 6-MeLeu fall into the selected region. With the mixing-time series of the 2D gradient-selected F1-perfectBASH-EASY-ROESY experiment we could find similar proton-proton distances restraints for the characteristic geometries in cyclosporine A as found using PSYCHE. Hereby we benefited from the enhanced sensitivity and hence the improved accuracy to determine distances bigger than 3 Å. Furthermore, the extracted distances from the 2D gradientselected F1-perfectBASH-EASY-ROESY spectra are in good agreement with the distances determined with the selective 1D-ROESY experiments (Figure 8a) as well as with the 2D gradientselected F1-PSYCHE-EASY-ROESY experiment (Figure 8b). In comparison to the PSYCHE decoupled EASY-ROESY experiment, the enhanced sensitivity of *perfectBASH* decoupling gave access to significantly more interproton distances from the selected amide- and α -proton region (153) versus 91). While long-range NOE contacts are generally more error prone due to their low intensity and should thus be interpreted carefully during structure calculation processes it is of note here, that the number of interproton distances above 3.5 Å (Figure 8c and d) is significantly increased.

6 Conclusion

In this paper we present the application of EASY-ROESY experiments with PSYCHE and *perfect*BASH homonuclear decoupling in the indirect dimension for the extraction of cross-relaxation rates, proton-proton distances and exchange rates. The enhanced spectral resolution obtained by PSYCHE homonuclear decoupling allows on the one hand a clearer qualitative distinction between different NOE contacts and on the other hand the extraction of cross-relaxation data even if severe spectral crowding is present. With the 2D *gradient-selected* F1-PSYCHE-EASY-ROESY pulse sequence presented, we could improve the quality of the 2D F1-PSYCHE-EASY-ROESY spectra by attenuation of t_1 -noise. This was achieved by relying on gradient selection instead of phase-cycling for t_1 -noise suppression, which facilitates the observation of weak to medium size NOE cross-peaks significantly. As an alternative to 2D F1-PSYCHE-EASY-ROESY, we improved an EASY-ROESY experiment with *perfect*BASH homonuclear decoupling in the indirect dimension which provides significantly higher sensitivity. This experiment allows the simultaneous homonuclear decoupling of two mutually coupled protons in one region (e.g. the amide- and α -proton region in peptides).

The presented 2D *F*1-PSYCHE-EASY-ROESY experiment was used to obtain proton-proton distances restraints for a peptide catalyst from a severely overcrowded aliphatic region, which previously was inaccessible for such kinds of analyses. The 2D *gradient-selected F*1-PSYCHE-EASY-ROESY and the 2D *gradient-selected F*1-*perfect*BASH-EASY-ROESY experiments were

applied to the cyclic undecapeptide cyclosporine A, whose (*pure shift*) EASY-ROESY spectra are usually dominated by t_1 -noise in the *N*-methyl region. For the *pure shift* experiments studied we could prove that the extracted proton-proton distances are accurate within the typical error ranges expected for NOE analysis, either by comparing them with expected values for proton pairs within rigid moieties and *a priori* known distances or by the comparison between interproton distances extracted from different types of ROESY experiments. We therefore expect that the presented methods will be valuable experiments in a wide range of structure elucidation applications, including the investigation of complex natural products, drugs or transition metal complexes.

7 Experimental section

Experiments on the tetrapeptide *R*,*R*-diol sample were performed on a Bruker Avance III HD spectrometer operating at 700.17 MHz proton base frequency equipped with a QCI probe (${}^{1}\text{H}/{}^{19}\text{F}$ ${}^{13}\text{C}/{}^{31}\text{P}$, ${}^{15}\text{N-D}$) with *z*-gradient (0.53 T m⁻¹ maximum gradient strength). The sample temperature was 300 K. 2D *F*1-PSYCHE-EASY-ROESY spectra were acquired with the pulse sequence in chapter 8.1 of the SI. Mixing-times were 150 ms, 200 ms, 300 ms, 375 ms and 400 ms. 8 scans per *t*₁-increment with a recovery delay of 14 s were acquired.

Experiments with the cyclosporine A sample were done on a Bruker Avance III spectrometer with 600.3 MHz proton base frequency, equipped with a 5 mm triple-resonance broadband inverse probe (1 H, 31 P, BB-D) with *z*-gradient (0.494 T m⁻¹ maximum gradient strength). Sample temperature was 300 K.

2D gradient-selected F1-PSYCHE-EASY-ROESY spectra were acquired with the pulse sequence in chapter 8.2 of the SI. Mixing-times were 50 ms, 100 ms, 200 ms, 300 ms, 400 ms and 500 ms. 8 scans per t_1 -increment with a recovery delay of 7.5 s were acquired. 2D gradient-selected F1-perfectBASH-EASY-ROESY spectra were acquired with the pulse sequence in chapter 8.3 of the SI. Mixing-times were 50 ms, 100 ms, 125 ms, 150 ms, 200 ms and 250 ms. The spectral width in the indirect dimension F1 and the bandwidths of the selective refocusing pulses were set to cover the amide- and α -proton region of cyclosporine A. 8 scans per t_1 -increment with a recovery delay of 7.5 s were acquired.

1D *gradient-selected* CW-ROESY and 1D *gradient-selected* EASY-ROESY spectra were acquired with the pulse sequences in chapter 8.4 and 8.5 of the SI. Mixing-times were 50 ms, 100 ms, 200 ms, 300 ms, 400 ms and 500 ms. For selective refocusing RSnob shaped pulses[93] with bandwidths appropriate to the selected proton were used. 32 or 64 scans per mixing-time with a recovery delay of 7.5 s were acquired.

Detailed experimental descriptions for all acquired ROESY spectra can be found in chapter 1 of the SI

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